

Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 7.45 am to 9 am	Toast Porridge Choice of Cereals (Cornflakes, Weetabix, Cheerios & Rice Krispies)	Toast Porridge Choice of Cereals (Cornflakes, Weetabix, Cheerios & Rice Krispies)	Toast Porridge Choice of Cereals (Cornflakes, Weetabix, Cheerios & Rice Krispies)	Toast Porridge Choice of Cereals (Cornflakes, Weetabix, Cheerios & Rice Krispies)	Toast Porridge Choice of Cereals (Cornflakes, Weetabix, Cheerios & Rice Krispies)
Snacks 10:15 am	Crackers & cheese, Milk	Fruit Danish Water	Fresh Fruit Milk	Croissants Water	Biscuits Milk
Dinner 12 pm	Chicken Curry /Rice	Fish Pie with vegetables & puréed potatoes	Chicken Cacciatore/ Pasta	Ham, Vegetables & Potatoes	Lasange and Veg
Vegetarian option	Vegetable Curry Water	Fish pie or veg filled pie Milk	Veg Carriatore/ Pasta Water	Butternut Squash and Veg Stew Milk	Vegetable Lasange Water
Dessert	Pancakes	Jelly & Ice Cream	Stewed apple and custard	Trifle	Yoghurts
Tea 3 pm	Scramble eggs and Toast Milk	Home made Veg soup Water	Cheesy Pasta Milk	Sandwiches and fruit Water	Ham and Veg vol au vents/ Potato salad Milk

Fresh fruit will also be served throughout the day as a snack for the children

Week Two

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Breakfast 7.45 am to 9 am	Toast Porridge Choice of Cereals (Cornflakes, Weetabix, Cheerios & Rice Krispies)	Toast Porridge Choice of Cereals (Cornflakes, Weetabix, Cheerios & Rice Krispies)	Toast Porridge Choice of Cereals (Cornflakes, Weetabix, Cheerios & Rice Krispies)	Toast Porridge Choice of Cereals (Cornflakes, Weetabix, Cheerios & Rice Krispies)	Toast Porridge Choice of Cereals (Cornflakes, Weetabix, Cheerios & Rice Krispies)
Snack 10:15 am	Fresh Fruit Milk	Oatmeal Biscuit with grapes Water	Scones with Jam Milk	Crackers and Cheese Water	Croissants Milk
Dinner 12 pm Vegetarian option	Tuna and Pasta Bake Vegetable Bake Water	Shepard's Pie Vegetable Pie Milk	Chicken Fricasse Vegetable Fricassse Water	Beef Rissoles/ Potato and onion Gravy Vegetarian Stew Milk	Chicken & Mushroom Risotto mein Vegetable Risotto Water
Dessert	Choc Apple	Mixed berry and apple with ice- cream	Lemon Drizzle cake	Fresh Fruit Salad with Yoghurt	Banana Bread
Tea 3 pm	Chicken curry Noodles Milk	Quiche with herb potatoes Water	Beans on Toast Milk	Tomato and cheese omelette Water	Filled panini & Yoghurt Milk

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Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 7.45 am to 9 am	Toast Porridge Choice of Cereals (Cornflakes, Weetabix, Cheerios & Rice Krispies)	Toast Porridge Choice of Cereals (Cornflakes, Weetabix, Cheerios & Rice Krispies)	Toast Porridge Choice of Cereals (Cornflakes, Weetabix, Cheerios & Rice Krispies)	Toast Porridge Choice of Cereals (Cornflakes, Weetabix, Cheerios & Rice Krispies)	Toast Porridge Choice of Cereals (Cornflakes, Weetabix, Cheerios & Rice Krispies)
Snack 10:15 am	Yoghurt Water	Cracker / Jam Milk	Fruit Danish Water	Fresh Fruit Milk	Biscuits Water
Dinner 12 pm Vegetarian option	Chinese Chicken / Noodles Veg Noodles Milk	Beef Stew Vegetable Stew Water	Breaded Fish/Potato / Veg with White sauce Chickpea / veg stew Milk	Chicken Carbonara Vegetarian Carbonara Water	Beef Curry / Rice Vegetable Curry Milk
Dessert	Mousse with mixed berries	Banoffi Pie	Rice pudding with Jam	Mixed berry /Custard	Yoghurts
Tea 3 pm	Tomato Pasta/ Garlic Bread Water	Homemade beef burgers/ Beans Milk	Fish Cakes & Coleslaw Water	Sandwiches /Fruit Milk	Chicken Tikka salad wraps Water
Snack 5 to 6.15 pm	Fruit Milk	Fruit Milk	Fruit Milk	Fruit Milk	Fruit Milk

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Week Four

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 7.45 am to 9 am	Toast Porridge Choice of Cereals (Cornflakes, Weetabix, Cheerios & Rice Krispies)	Toast Porridge Choice of Cereals (Cornflakes, Weetabix, Cheerios & Rice Krispies)	Toast Porridge Choice of Cereals (Cornflakes, Weetabix, Cheerios & Rice Krispies)	Toast Porridge Choice of Cereals (Cornflakes, Weetabix, Cheerios & Rice Krispies)	Toast Porridge Choice of Cereals (Cornflakes, Weetabix, Cheerios & Rice Krispies)
Snack 10:15 am	Fresh Fruit Water	Croissants Milk	Yoghurts Water	Choc Banana Milk	Oatmeal Biscuits/Grapes Water
Dinner 12 pm Vegetarian option	Spaghetti Bol Vegetable bol Milk	Chicken chow mein /noodles Vegetable Noodles Water	Salmon pasta bake Sweet potato / veg bake Milk	Cajun chicken /mash potato / veg Vegetarian Carbonara Water	Chilli con carne / rice Vegetable con carne / rice Milk
Dessert	Fairy cakes	Bread and butter pudding	Fruit	Caramel squares	Fruit salad
Tea 3 pm	Pizza and Garlic bread Water	Chicken and ham pies Milk	Breaded fish fingers and beans Water	Meatballs and spaghetti Milk	Pitta bread with salad and meat Water
Snack 5 to 6.15 pm	Fruit Milk	Fruit Milk	Fruit Milk	Fruit Milk	Fruit Milk

Fresh fruit will also be served throughout the day as a snack for the children